

Arrow Camp Program Guide

Our Scouts BSA Troops have a great day of activities planned for your Webelos and Arrow of Lights and are looking forward to seeing you at Camp Post!

Arrow Camp is an opportunity for area Troops to showcase a skill and promote their unit to 4th & 5th graders. It's an opportunity for you and your Webelos/AoLs to get to know various troops and help you make an informed decision when your Arrow of Light is ready to cross over to a Troop. Please take some time to get to know these Troops as well as enjoy the activities they have planned.

This is an all-day Saturday event at C.W. Post Memorial Scout Camp in Post, TX. Webelos/AoLs (and their parent/guardian) will show up Saturday morning and spend the day in a round-robin style meet and greet with each Troop. Breakfast, Lunch and Dinner will be provided on Saturday, and breakfast on Sunday.

If you've never been to Camp Post before here is some helpful information to have the best experience at camp. Your Pack may have additional suggestions, so please speak to your leadership if you have questions regarding overnight camping expectations.

What if I am unable or don't want to camp overnight?

Most of the Arrow Camp activities are done on Saturday; however, Saturday evening Webelos/AoLs are encouraged to camp overnight with a Troop of their choosing, to better get to know the youth in that unit and for parents/guardians to get to know the Troop and its leadership. If you don't feel comfortable camping or are unable to, you and your Webelo/AoL can still enjoy all the fun we have planned and still be home on Saturday night.

Where do I go when I get to camp?

Please park in the designated parking lot by the Camp Office only. Driving on camp roads outside of the entry road and parking lot is not permitted. We recommend bringing a wagon to carry gear to your campsite if staying overnight. Oftentimes Troops will help take gear to campsites, but please be prepared for either, as time will be limited to one hour.

Saturday morning check-in is at the Camp Office (see map) from 7:30am – 8:30am and you will be assigned a group with others from your Pack at check-in. A grab-and-go breakfast will also be served during this time, at the Dining Hall.

Opening flag ceremony is at 8:45am and activities begin at 9:00am, so please don't be late.



Campsites

Each campsite has water and most have primitive restroom facilities. The camp does have restrooms and shower facilities across the main camp road from the Camp Office. Please be sure to always close the bathroom and shower doors fully when exiting to keep critters out and dust to a minimum. Porta-potties will also be available for use in designated areas.

Campfires

Due to the indefinite burn ban in Garza County, *we are not allowed campfires at Camp Post.* Propane firepits are permitted.

For any questions or concerns with health or safety in camp you may find any staff member in a navy blue "STAFF" shirt, or the Program Director, Sonja Morton.

Closed-toe shoes are required at camp for adults and youth.
No sandals or flip flops allowed outside of the tent or showers.

Below is a recommended list of things to bring to Arrow Camp for the day portion:

- Field "Class A" Uniform (for flags and meals), Activity/Pack Shirt "Class B" (for activities)
- Day Pack
- Refillable Water Bottle
- First Aid Kit
- Any Required Medications
- Whistle
- Jacket/Sun Protection/Hat (**weather preparedness**)
- Hiking/Walking Boots or Shoes (**there will be lots of it!**)
- Pocketknife (**if earned**)
- Sunscreen/Sunglasses
- Bug Spray
- Trading Post Money (**cash or card**) We will be doing some branding Saturday evening!

Below is a recommended list of things to bring to Arrow Camp for overnight camping:

- Wagon (**for taking gear to campsite. vehicles are not allowed past the parking lot**)
- Tent with Rain Fly and Ground Tarp (Footprint)
- Sleeping Bag/Blankets/Pillow
- Air mattress/Cot/Sleeping Pad
- Mess Kit
- Camp Chair
- Flashlight or Headlamp
- Extra Clothing/Sleepwear/Socks/Underwear
- Toiletries (Toothpaste/Toothbrush, Shampoo/Body Wash, Deodorant, Hairbrush/Comb, Towels)

No pets, fireworks, firearms, illegal drugs, or alcoholic beverages are allowed at camp at any time. There is no smoking allowed around youth or in the buildings or tents.

Uniforms

Field Uniform "Class A" (Blue or Tan Scout Shirt) is highly recommended for all flag ceremonies, meals and the campfire program. This is a standard practice for most Scouts BSA camps, so we encourage the practice for Webelos and Arrow of Lights in preparation for their eventual crossing over. Please feel free to wear Activity Uniforms "Class Bs" (Unit or Camp TShirt) for activities.

Your Quartermaster (kitchen staff) is Caleb McDonald, volunteer.

Trading Post

The Trading Post has snacks and beverages as well as various items from the Scout Shop available to purchase and will be open during lunch. Parents/Guardians must be present for and approve any pocketknife purchases. There will also be Ugly Mugz, hats, leather kits and pieces to purchase for branding later in the day. Cash and cards are both accepted.

Your Trading Post team is: Rachel McKay (Scout Office)

Activities

You will be grouped with your Pack for each activity. If there are not enough Scouts in your Pack attending to form a group, you will be paired with another Pack.

The day follows a rotating schedule where each activity will be done during the designated time, and then rotate to the next activity, round-robin style.

Each activity should run approximately 45 minutes, allowing for a 15 minute "passing period", or break.

Interfaith Worship Service

A Scout is Reverent. The Interfaith Worship Service is not mandatory. It's entirely optional but is highly encouraged. Wait until you see the view!

Interfaith Worship Service is presented to you by Troop 505 youth and adult volunteers.

Medical Concerns

Across from the check-in office is the Medic Lodge. Every participant (youth and adult) from all Troops and Packs must have a current BSA Annual Health and Medical Record (Parts A, B1 & B2). A copy of the Med Form will be turned in to our Medic at check-in and then can be picked up from the Medic Lodge at the close of camp.

1. **Medical Care:** Minor first aid may be handled by the unit leadership, if possible. Otherwise, first aid will be handled by the Medic at the Medic Lodge.
2. **Medication for Adults:** Adults attending the camp are responsible for managing their own medications.
3. **Youth Medication Management:** Troops/Packs can designate a person over 21 to hold and manage medications and medical forms for the youth participants. These medications should be securely stored to prevent youth access. This person's name and phone number should be provided to the Medic if this role is assigned.
4. **Documentation of Medical Treatments:** If the Medic provides any medical treatments during the camp, it is important to document these events. The documentation should be signed by the Medic and the Program Director. The information to be documented includes the scout's name, Troop/Pack number, and the details of the event.

These guidelines are in place to ensure the safety and well-being of participants at scouting events and to maintain proper records in case of any medical incidents. As always, following the specific policies and procedures of South Plains Council guidelines to ensure the safety and health of all participants.

If you have any medical concerns or need assistance while at camp, please visit the Medic Lodge or find a camp staff member to assist you. Our Medic this year is a volunteer. Our Program Director is Sonja Morton.